







# W.S.K.F. PRE-JUNIOR RANK REQUIREMENTS

RANK	Time in Karate	Basics	Terms	Push-ups	Makiwara	Uke-Waza	Fukyugata Ichi	Questions
white & yellow 	3 months	X	X					X
white & gold 	6 months	X	X					X
white & orange 	9 months	X	X					X
white & green 	12 months	X	X	X				X
white & blue 	15 months	X	X	X				X
white & purple 	18 months	X	X	X	X	X	X	X
white & red 	21 months	X	X	X	X	X	X	X
white & brown 	24 months	X	X	X	X	X	X	X