

W.S.K.F. ADULT BLACK BELT RANK REQUIREMENTS

RANK	Time in Karate (years)	Fukyugatas	Pinans	Naihanchis	Ananku	Wankan	Rohai	Passai	Wanshu	Chinto	Gojushiho	Kusanku	Yakusoku Kumite Grp A	Yakusoku Kumite Grp B	Bunkai Fukyugatas Ichi & Ni	Bunkai Pinan Sho Dan	Bunkai Wankan	Bunkai Passai	Atemi-Waza	Essay	
		Ni Dan	6	X	X	X	X	X	X	X					X	X					X
San Dan	9	X	X	X	X	X	X	X	X					X	X	X				X	X
Yon Dan	12	X	X	X	X	X	X	X	X	X							X			X	X
Go Dan	15	X	X	X	X	X	X	X	X	X	X								X	X	X

Essays: Ni Dan - Essay on Karate

San Dan - Methods of Teaching Karate

Yon Dan - What is Karate-Do?

Go Dan - What have you obtained from Karate?

NOTE: These requirements are to be considered as the minimum. The Board will determine Fukyugatas, Pinans and Naihanchi Katas.